

K J Somaiya Medical College, Mumbai

Teacher information sheet

1. Photograph



2. Name of the Teacher: Dr Tushar Singhi

3. Date of birth (dd/mm/yyyy): 09/09/1974

4. Name of the Department: Orthopedic

5. Current post held: Professor & HOD

6. Details of educational qualifications (Add more rows if required)

| Qualification | College | University / Affiliating body | Year of passing | Medical Council Registration no. with date | Name of the Medical Council |
|-----------------|---------------------------|----------------------------------|--------------------|---|--------------------------------|
| MBBS | S.M.S. Medical College | Rajasthan University | 1997 | 2004/04/2089 07/04/2004 | Maharashtra Medical Council |
| M.S. (ORTHO) | S.M.S. Medical College | Rajasthan University | 2003 | 2004/04/2089 07/04/2004 | Maharashtra Medical Council |

7. Details of Teaching experience (Add more rows if required)

| Designation | Department | Name of the institution | From (dd/mm/yyyy) | To (dd/mm/yyyy) | Experience (Years and months) |
|------------------------------|------------|--|----------------------|--------------------|-------------------------------------|
| Professor & HOD | Orthopedic | K. J. SOMAIYA Medical College & Hospital | 28-07-2020 | Till Date | |
| Associate Professor | Orthopedic | D Y Patil medical college, Nerul, Navi Mumbai | 04-03-2013 | 24-12-2019 | 6 Years 9 Months |
| Assistant Professor | Orthopedic | D Y Patil medical college, Nerul, Navi Mumbai | 01-04-2011 | 31.08.2011 | 5 Months |
| Assistant Professor | Orthopedic | K. J. SOMAIYA Medical College & Hospital | 30-06-2003 | 31-03-2008 | 4 Years 8 Months |
| Resident Senior Registrar | Orthopedic | S.M.S. Medical College | 09-08-2001 | 08-08-2002 | 1 Year |
| Resident Registrar | Orthopedic | S.M.S. Medical College | 09-08-2000 | 08-08-2001 | 1 Year |
| Resident House Officer | Orthopedic | S.M.S. Medical College | 09-08-1999 | 08-08-2000 | 1 Year |

8. Details of research publications (mention in chronologic order as per format used in the 'references' section of research articles. For example: Behera B, Das A, Mathur P, Kapil A, Gadepalli R, Dhawan B. Tigecycline susceptibility report from an Indian tertiary care hospital. Indian J Med Res 2009; 129:446–50.)(Mention your name in **Bold** in the author list).

1. Rajesh N. Maniar, Himanshu Gupta, Ashish Singh, Ajay C. Johorey, and **Tushar Singhi**, Five- to Eight-Year Results of a Prospective Study in 118 Arthroplasties Using Posterior-Stabilized Rotating-Platform Knee Implants, *The Journal of Arthroplasty*, 2011; 26;4:543-548
2. Rajesh N. Maniar, **Tushar Singhi**, Suyog Shashimohan Rathi ,Jayesh Vinod Baviskar, Ravi Mohan Nayak, Lateral Retinaculum Release in Knee Arthroplasty Using a Stepwise, Outside-in Technique, *Clin Orthop Relat Res* 2012, 470(10):2854–2863
3. Rajesh N. Maniar , Gaurav Kumar, **Tushar Singhi** , Ravi Mohan Nayak , Parul R. Maniar, Most Effective Regimen of Tranexamic Acid in Knee Arthroplasty A Prospective Randomized Controlled Study in 240 Patients, *Clinical Orthopedics and Related Research* 2012 470:2605–2612
4. Rajesh N. Maniar, Jayesh V. Baviskar, **Tushar Singhi**, and Suyog S. Rathi To Use or Not to Use Continuous Passive Motion, Post–Total Knee Arthroplasty, Presenting Functional Assessment Results in Early Recovery, *The Journal of Arthroplasty* 2012; 27; 2 : 193-200
5. Rajesh N. Maniar, and **Tushar Singhi**, High-Flex Rotating Platform Knee Implants Two- to 6-Year Results of a Prospective Study, *The Journal of Arthroplasty* 2012; 27; 4 : 598-603
6. Rajesh N. Maniar, **Tushar Singhi**, Ashish Singh, Himanshu Gupta, Arun Nanivadekar, Parul Rajesh Maniar, Postoperative Flexion Analysis of 3 Rotating-platform Knee Designs, *ORTHOPEDICS* 2012; 35; 8
7. Maniar RN, Baviskar JV, **Tushar Singhi**, Maniar P, Nayak R. Influence of bilateral sequential total knee arthroplasty on functional recovery. *Indian J Orthop* 2013; 47:23-30.
8. Maniar RN, **Tushar Singhi**, Gangaraju B, Patil A,Maniar PR. Mid term results of LCS knee: The Indian experience,

Indian J Orthop 2013;47:57-62.

9. Rajesh N. Maniar, Ravi M. Nayak, Shahrookh Vatchha, **TusharSinghi**, Periprosthetic Patellar Fracture Fixation Using Suture Anchors, *ORTHOPEDECS* 2013; 36 : e1470-e1473
10. Rajesh N. Maniar & **Tushar Singhi**, Patient specific implants: scope for the future, *Curr Rev Musculoskelet Med* 2014 Jun; 7(2) : 125–130
11. Rajesh N. Maniar, **Tushar Singhi**, Parul R. Maniar, Vipin Kumar, Ten- to 13-Year Results of Mobile Bearing Posterior-Stabilized Rotating-Platform Knee Implants, Reported by Nondesigner Surgeon, *The Journal of Arthroplasty*, 2017, March; 32; 3 : 830-835
12. Rajesh N. Maniar, **Tushar Singhi**, Arun Nanivadekar, Parul R. Maniar & Jaivardhan Singh, A prospective randomized study in 20 patients undergoing bilateral TKA comparing midline incision to anterolateral incision, *Journal of Orthopaedics and Traumatology*, 2017, February 18; 4
13. Rajesh N. Maniar, **Tushar Singhi**, Parul R. Maniar, Vipin Kumar, Ten- to 13-Year Results of Mobile Bearing Posterior-Stabilized Rotating-Platform Knee Implants, Reported by Nondesigner Surgeon, *The Journal of Arthroplasty* , 2017, March, 32; 3 : 830-835
14. Rajesh N. Maniar, **Tushar Singhi**, Aniket Patil, GauravKumar, ParulManiar, Jaivardhan Singh, Optimizing effectivity of tranexamic acid in bilateral knee arthroplasty — A prospective randomized controlled study, *The Knee*, 2017, January, 24; 1 : 100–106
15. Rajesh N Maniar, Parul R Maniar, **Tushar Singhi**, Bharat Kumar Gangaraju, WHO Class of Obesity Influences Functional Recovery Post-TKA, *Clinics in Orthopedic Surgery* 2018,10;1 :26-32
16. **Tushar Singhi**, Rao S, Agarwal A, Shetty S, Samant P. Modified gift box technique for acute compound posttraumatic Achilles tendon repair in young patients. *Int J Res Orthop* 2018; 4.2 : 302-308
17. **Tushar Singhi**, Kapoor U, Rao A. Hiparthroplasty - study correlating intra operative stable range of motion with postoperative functional activity. *Int J Res Orthop*. 2020 Nov; 6(6) : 1263-1268
18. Rajesh N. Maniar, **Tushar Singhi**, Parul R. Maniar, Written a chapter “The Asian Knee” in book titled *Surgery of the Knee* by Insall and scott” Sixth Edition.

19. **Tushar Singhi**, Udit Kapoor, Ashith Rao, Hip arthroplasty - study correlating intra operative stable range of motion with postoperative functional activity, *Int J Res Orthop*. 2020 Nov;6(6):1263-1268